



Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

SWETA CHANDANA



Latin name: *Santalum album*

Family: Santalaceae

Regional names: सुभस (Gujarati), सफेद चंदन (Hindi)

Morphology: Evergreen Tree. Heartwood-Yellowish brown, strongly scented, leaves: elliptic-lanceolate, Flowers: paniculate cymes, Fruit-Drupe.

Synonyms: Malayaja, Sarpavasa, Tilaparnika, Gandhasara.

Rasa Panchaka:

Rasa: Tikta, Madhura

Guna: Laghu, Ruksha

Virya: Sheeta

Vipaka: Katu

Karma: Dahaprashamana, Varnya, Vishaghna, Kapha-pitta shamaka

Useful parts: Heartwood

Indications: Daha, Raktapitta, Raktarshas, Vatarakta, Pradara.

Dosage: 3-6g of powder. (API Volume III)

Formulations: Chandanadi churna, Chandanadi vati, Chandanasava, Chandanadi ghruta and taila.