



# Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

## SINDHURI



**Latin name:** *Bixa Orellana* Linn.

**Family:** Bixaceae

**Regional names:** सिंद्दरी (Gujarati), लटकन (Hindi)

**Morphology:** A small evergreen tree. Simple leaf with cordate base. Flowers in terminal panicles, pink turning white. Fruit is a capsule, reddish brown, two valved spiny. Seeds many, red. Fruiting throughout the year.

**Synonyms:** Rakthabija, Rakthapushpa, Sukomala

**Rasa Panchaka:**

**Rasa:** Katu, Tiktha, Kashaya

**Guna:** Laghu

**Virya:** Sita

**Vipaka:** Katu

**Karma:** Pitta-kapha hara, Visaghna, Trsnahara

**Useful parts:** Panchanga

**Indications:** Jwara, Kamala, Trshna, Chardi

**Dosage:** Churna -3-6 gm

**Formulations:** Sindhuri Taila