



# Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

## SAPTAPARNA



**Latin name:** *Alstonia scholaris*

**Family:** Apocynaceae

**Regional names:** सप्तपर्णी (Gujarati), दत्युनी (Hindi)

**Morphology:** Tall tree, with bitter milky juice. Leaves: 4-7 in a whorl, oblong-lanceolate or obovate. Flowers: Greenish white in cymes. Fruit: Follicle.

**Synonyms:** Saptaparna, Shalmalipatraka, Vishamachada, Guchapushpaka.

**Rasa Panchaka:**

**Rasa:** Tiktha, Kashaya

**Guna:** Laghu, Snigdha

**Virya:** Usna

**Vipaka:** Katu

**Karma:** Kappapittahara, Kushtaghna, Krimighna

**Useful parts:** Tvak

**Indications:** Dushtavrana, Svasa, Stanyashodhana, Jvara, Sandrameha.

**Dosage:** Kwatha – 50-60 ml, Churna- 1-2 gm

**Formulations:** Saptachadadi kwatha, Mahamarichadi taila