



Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

SAIREYAKA



Latin name: *Barleria prionitis*

Family: Acanthaceae

Regional names: કાંટા સૈરીયો (Gujarati), कट सरैया (Hindi)

Morphology: Undershrub armed with spines. Leaves are elliptic, acuminate. Flowers are yellow. Fruit is a capsule.

Synonyms: Saireyaka, Sahachara, Kurantaka, Kurabaka, Dasi, Bana.

Rasa Panchaka:

Rasa: Madhura, Tikta

Guna: Snigdha

Virya: Ushna

Vipaka: Katu

Karma: Keshya, Vishahara

Useful parts: Whole plant

Indications: Kustha, Kandu, Kshaya, Vatarakta, Granthi, Palitya.

Dosage: 50-100g of the drug for Kashaya. (API Volume III)

Formulations: Sahacharadya taila, Nilikadhya taila.