



**Report on Vagvardhini Sabha – A Brainstorming session
by the students for the students**

Organized By : Department of Samhita Siddhanta and Sanskrit
Topic : SHAD KRIYAKALA
Venue : Prarthana Hall, Ground floor, SSAC
Date of Session : 5th September, 2022
Time : 1:30-2:30 pm

The department of Samhita Siddhanta and Sanskrit had organized Vagvardhini Sabha on 5th September, 2022. Vagvardhini Sabha is an initiative put forward by Samhita Siddhanta and Sanskrit department to discuss and clarify various concepts in Ayurveda. Topic discussed in the second session was 'Shad Kriyakala'. The program was chaired by Dr. Prof. Rohit Gokarna, Principal, SSAC and co-chaired by Dr. Mukesh Raval. All teaching staffs and students of SSAC were present to attend the session.

Participants: Shubham, Krina, Dharmi, Vishwa, Nevi, Hemal, Mili, Abhishek



Participants of Vagvardhini Sabha second session held on 5th September, 2022

Points Discussed:

- Derivation of Kriyakala
- Types of Kriyakala
- Description on each stages of Kriyakala according to classical references
- Shad Kriyakala with respect to Samprapti of disease
- Clinical application with proper examples



Experts Dr. Rohit Gokarna, Principal, SSAC, and Dr. Mukesh Raval sharing practical experience.

Feedback:

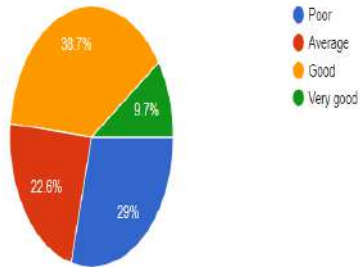
Google form questionnaire was prepared and shared with students to analyze their knowledge regarding the concept 'Shad kriyakaala' before and after the session.

Pie chart representation of questionnaire response given below:-

Review before the session

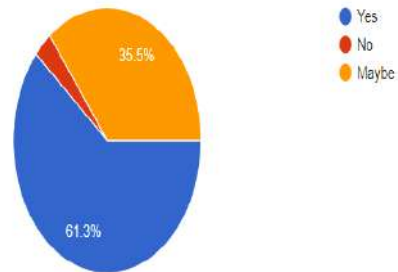
How would you rate your overall knowledge related to the topic?

31 responses



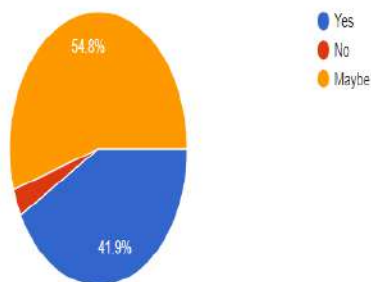
Do you think current topic can be applied easily in clinical practice?

31 responses



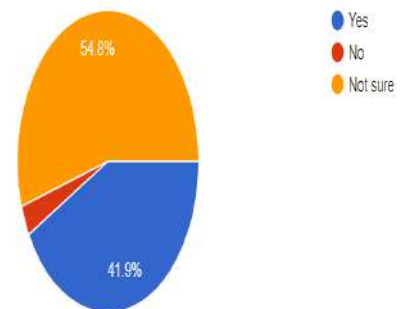
Do you think that a specific investigation method is needed to analyze the current topic?

31 responses



Do you think you can co-relate the topic with modern medical perspective?

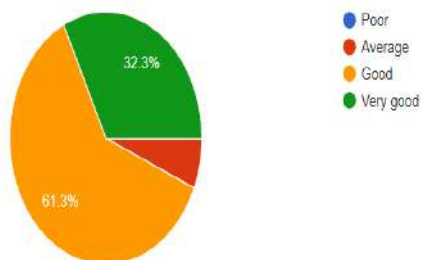
31 responses



Review after the session

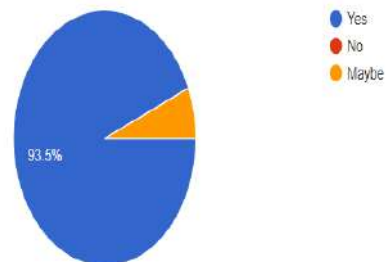
How would you rate the knowledge you gained after the session?

31 responses



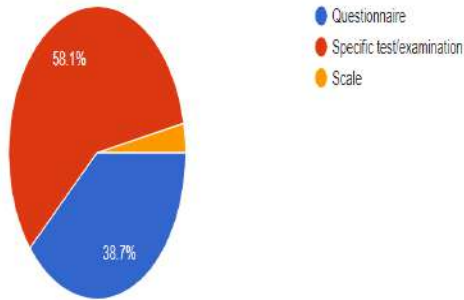
Do you think current topic can be applied easily in clinical practice?

31 responses



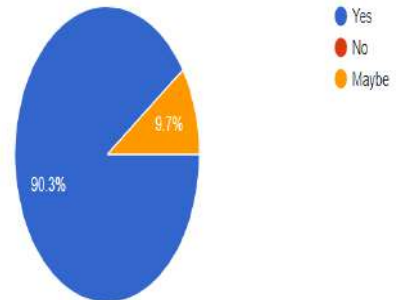
What can be the right method to analyse the current topic in clinical level.

31 responses



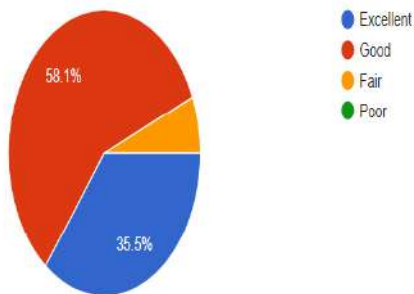
Do you think you can co-relate the topic in modern medical perspective?

31 responses



How satisfied are you with the amount of time you spent listening to the session?

31 responses



Summary:

Vagvardhini Sabha included participants from 1st year to 4th year BAMS. The session was very informative for the students. Concept of Shad Kriyakala was discussed right from its etymological derivation till its application in clinical practice. By the end of the session chair persons congratulated the participants for the effort and also enlightened the students with their practical experience and valuable opinions. Students were in high spirits with well researched power point presentation.