



**SWAMINARAYAN  
UNIVERSITY**

THE RESERVIOR OF ALL KNOWLEDGE

**Faculty of Ayurveda**

## **Report on Vagvardhini Sabha – A Brainstorming session by the students for the students**

<b>Organized By</b>	: Department of Samhita Siddhanta and Sanskrit
<b>Topic</b>	: AGNI
<b>Venue</b>	: Prarthana Hall, Ground floor, SSAC
<b>Date of Session</b>	: 1 <sup>st</sup> August, 2022
<b>Time</b>	: 1:30-2:30 pm

The department of Samhita Siddhanta and Sanskrit had organized Vagvardhini Sabha on 1<sup>st</sup> of August 2022 on the occasion of Charak Jayanti. Vagvardhini Sabha is an initiative put forward by Samhita Siddhanta and Sanskrit department to discuss and clarify various concepts in Ayurveda. This seminar series will be conducted on the 1<sup>st</sup> of every month on unique topics from Samhita. Motive of the program is to enrich the knowledge of students through brain storming sessions. Topic discussed in the first session was 'Agni'. The program was chaired by Dr. Prof. Rohit Gokarna, Principal, SSAC and co-chaired by Dr. Tapankumar Vaidya and Dr. Hitendra Gohil. All teaching staffs and students of SSAC were present to attend the session.

**Participants:** Bhavik Chauhan, Rajni Nandramani, Vishvani Soni, Hiral Rawat, Janak Patel, Vaidehi Patel, Niyati Patel, Kinnari Ganatra, Pratham Modh



ગાંધીનગર 08-08-2022

## સ્વામિનારાયણ યુનિવર્સિટી દ્વારા ચરક જ્યંતી નિમિત્તે વાગ્વર્ધીની સભા શરૂ કરવામાં આવી



કલોલ ભાસ્કર । કલોલની સ્વામિનારાયણ યુનિવર્સિટીના આયુર્વેદ કોલેજના સંહિતા, સિધ્ધાંત અને સંસ્કૃત વિભાગ દ્વારા ચરક જ્યંતીના પાવન પર્વ નિમિત્તે વાગ્વર્ધીની સભાનું આયોજન કરવામાં આવ્યું હતું. જેમાં અગ્નિ વિષય પર પ્રથમ સભાનું આયુર્વેદ કોલેજના પ્રધાનાચાર્ય ડૉ. રોહિત ગોકર્ણ દ્વારા ઉદ્ઘાટન કરવામાં આવ્યું હતું. તેમજ દર મહિનાના પ્રથમ સોમવારે આયુર્વેદના અલગ અલગ વિષયો સાથે આવી વાગ્વર્ધીની સભાનું આયોજન કરવામાં આવશે તેમ જણાવવામાં આવ્યું હતું.

### Points Discussed:

- Etymological derivation of AGNI
- AGNI Categorization
- Importance of AGNI
- Function of AGNI in human body
- Discussion on diseases in which AGNI is involved
- Assessment of Agni in clinical practice



Experts Dr. Rohit Gokarna, Principal, SSAC, Dr. Tapankumar Vaidya and Dr. Hitendra Gohil sharing practical experience.

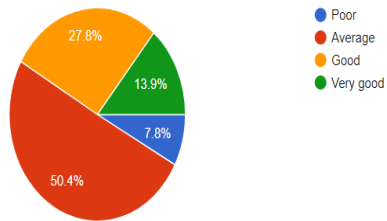
## Feedback:

Google form questionnaire was prepared and shared with students to analyze their knowledge regarding the concept 'Agni' before and after the session.

Pie chart representation of questionnaire response given below:-

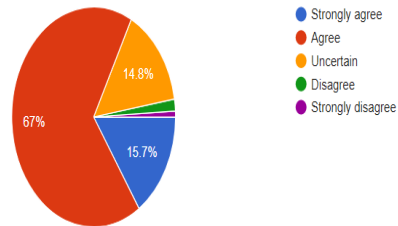
How would you rate your overall knowledge related to Agni?

115 responses



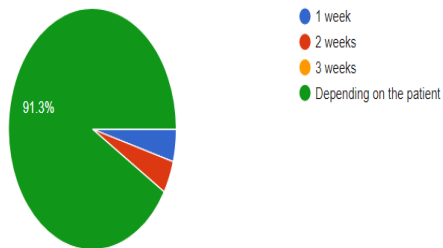
Is it possible to assess Agni of the patient in a clinic?

115 responses



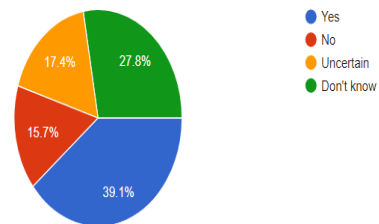
What is the time required by the physician to cure the problems related to Agni?

115 responses



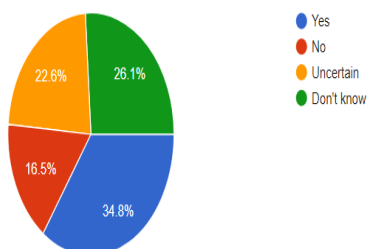
Are you aware of conditions where in Jatharagni is stimulated and Dhatvagni may be less stimulated?

115 responses



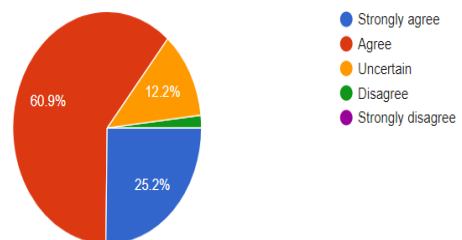
Are you aware of conditions where both Jatharagni and Dhatvagni may be less stimulated?

115 responses



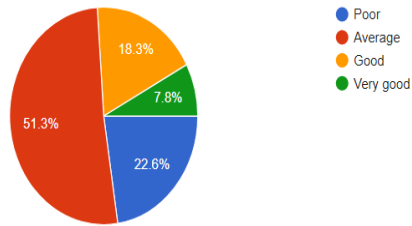
Do you think questionnaires would be helpful to assess the state of Jatharagni in patients?

115 responses



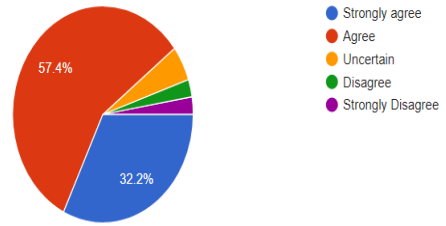
How much would you rate your knowledge about bhutagni?

115 responses



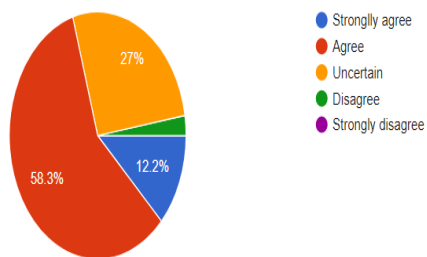
How much do you think Pitta can influence state of Agni?

115 responses



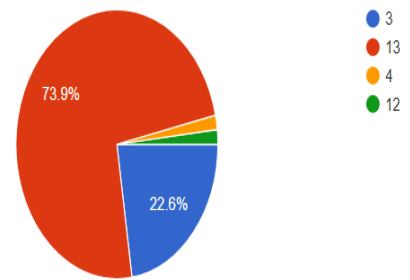
Can abhyantara sneha pana be considered as the best method to determine state of Agni in a patient?

115 responses



How many types of Agni do you know?

115 responses



## Summary:

Vagvardhini Sabha included participants from 1<sup>st</sup> year to 4<sup>th</sup> year BAMS. The session was very informative for the students. Concept of Agni was discussed right from its etymological derivation till its application in clinical practice. By the end of the session chair persons congratulated the participants for the effort and also enlightened the students with their practical experience and valuable opinions. Students were in high spirits with well researched power point presentation.