



A Report of Academic Visit to Government Ayurveda Hospital and Panchakarma Centre Kadi

Place of Visit	: “Government Ayurveda Hospital and Panchakarma centre Kadi “
Organized By	: Department of Swasthavritta & Yoga, Shree Swaminarayan Ayurvedic College
Date	: 29th Sep 2023
Accompanying Faculty Members	: Dr. Amol Koshti Associate Professor, Department of Swasthavritta & Yoga Dr. Ayana R Assistant Professor, Department of Swasthavritta & Yoga
Number of Students	: 35 Students of 3 rd year BAMS

Details of Academic Visit:

Introduction:

- ✚ The academic visit to the Ayurveda hospital and Panchakarma center, organized by Department of Swasthavritta & Yoga, took place on Friday; 29th September 2023.
- ✚ The purpose of this visit was to provide students with practical insights into the principles of Ayurveda and the therapeutic techniques of Panchakarma. The visit aimed to complement our academic curriculum by offering students the opportunity to witness the application of Ayurvedic principles in a clinical setting

Objectives:

The specific objectives of the visit were as follows:

- ✚ To observe and learn about the treatment modalities and procedures of Panchakarma.
- ✚ To interact with healthcare professionals and gain practical knowledge about Ayurvedic therapies.
- ✚ To evaluate the facility's infrastructure and hygiene standards.
- ✚ To assess the educational value of the visit for our students.

Visit Highlights:

Students were amazed with the warm welcome by Dr. Mihir Vaja, Deputy Medical Superintendent and Dr. Varsha Patel, Senior Medical officer of Government Ayurveda Hospital and Panchakarma centre Kadi.

1. Tour to hospital facilities:

During the visit, students had the opportunity to:

- ✚ Tour the facilities, including the Registration counter, medicine dispensing pharmacy, Panchakarma treatment rooms, IPD wards, consultation areas, herbal garden and medicine storage section which was guided by Dr. Varsha Patel.
- ✚ Observe various Panchakarma therapies, including Abhyanga, Swedana, Shirodhara, and Basti, being administered to patients.
- ✚ Interact with experienced Ayurvedic practitioner Dr. Varsha Patel and ask questions about treatment protocols and patient care.
- ✚ Attend informative presentations on Ayurvedic principles and holistic health by Dr. Varsha Patel

2. Medicinal Tree Plantation:

- ✚ As part of our visit, we also had the privilege of participating in a tree plantation initiative at the Ayurveda hospital and Panchakarma center. This activity involved planting more than 10 saplings within the center's premises. The saplings included native medicinal plants and trees that align with Ayurvedic principles. The tree plantation activity holds great significance in the context of Ayurveda and holistic health for several reasons:
 - ✚ **Medicinal Value:** Many of the trees and plants we planted are of medicinal importance in Ayurveda. They will serve as a valuable resource for the center in the production of herbal medicines.
 - ✚ **Environmental Stewardship:** Tree plantation contributes to environmental sustainability by enhancing air quality, conserving soil, and promoting biodiversity.
 - ✚ **Educational Value:** This hands-on experience allowed our students to connect with nature and understand the deep-rooted connection between Ayurveda and the natural world.
 - ✚ **Community Engagement:** It fosters a sense of community engagement and responsibility among our students.

Feedback and Observations:

- ✚ We collected feedback from students through a Google Form, which is attached to this report. The feedback was overwhelmingly positive, with students expressing their appreciation for the practical exposure and knowledge gained during the visit. The average rating for the visit's educational value was **81.8%**, indicating its success in meeting our educational objectives.

Recommendations:

Based on the feedback received and our observations, we recommend the following:

- ✚ Continued collaboration with Ayurveda hospitals and centers for similar educational visits.
- ✚ Exploration of opportunities for student internships and research projects in collaboration with Government Ayurveda hospital and Panchakarma centre Kadi

Conclusion:

- ✚ The academic visit to the Ayurveda hospital and Panchakarma center was a valuable learning experience for our students. It provided them with real-world insights into the practice of Ayurveda and Panchakarma therapies.
- ✚ We believe that such visits are essential to bridge the gap between theory and practice in our curriculum.
- ✚ We express our gratitude to the management and staff of the Government Ayurveda hospital and Panchakarma center Kadi for their warm hospitality and willingness to share their expertise with our students.
- ✚ We also extend our gratitude towards the Authorities of Swaminarayan University and our Principal sir for providing necessary permission and travel arrangements.
- ✚ We look forward to future collaborations and endeavors that will further enrich our students' academic journey in the field of Ayurveda.

Glimpses of the Academic Visit





सर्व विद्या अधिपतये

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Students' Feedback on Academic Visit to Government Ayurveda Hospital Kadi_29th September 2023

22 responses

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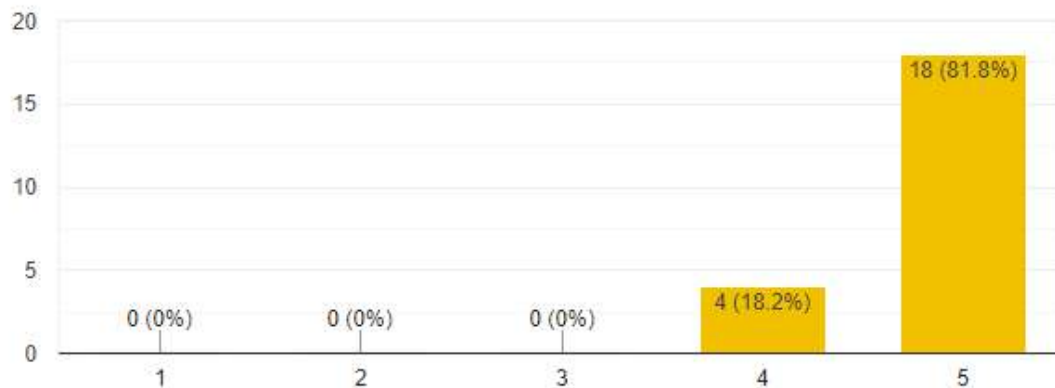
Overall Experience:

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Please rate your overall experience during the visit.

(Scale: 1-5, with 1 being poor and 5 being excellent)

22 responses



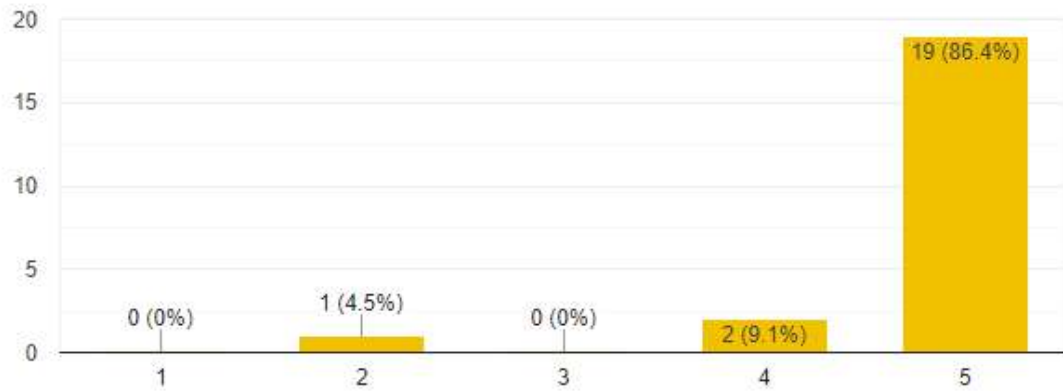
Tour and Facilities:



How would you rate the cleanliness and organization of the Tour & facilities?

(Scale: 1-5)

22 responses

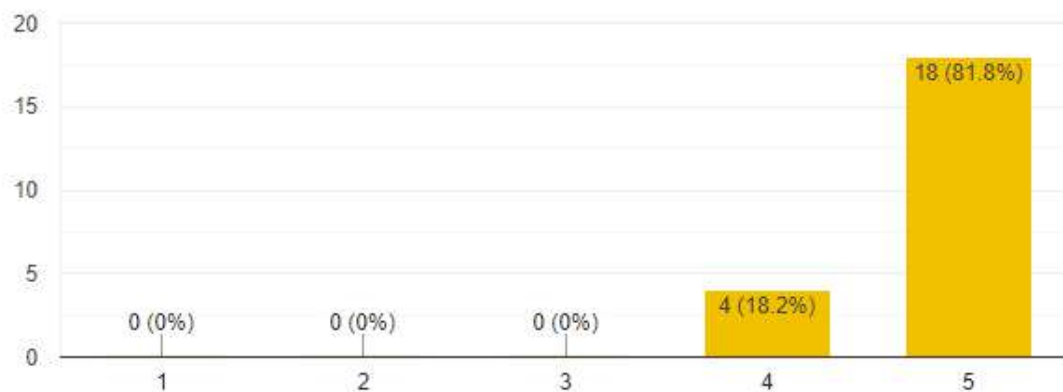


Knowledge Sharing:



Did you find the presentations and explanations informative and helpful? (Scale: 1-5)

22 responses

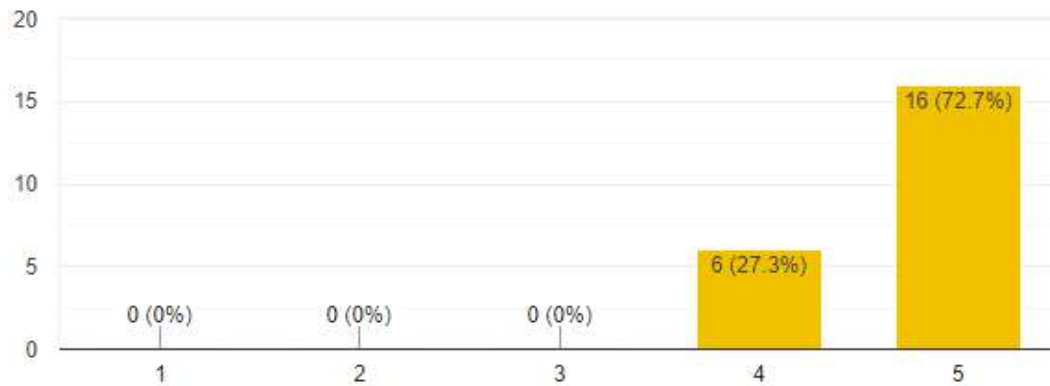


Interaction with Hospital Staff:



How would you rate the friendliness and willingness of the staff to answer questions? (Scale: 1-5)

22 responses

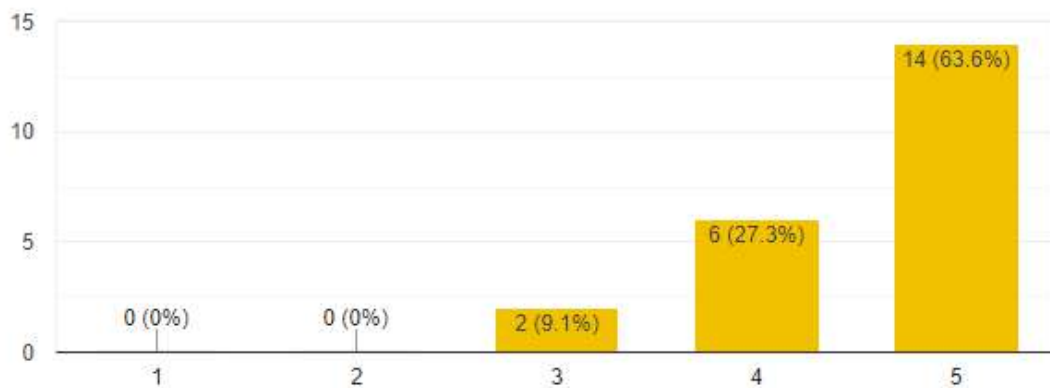


Practical Demonstrations:



Were the practical demonstrations of panchakarma therapies and other treatments explained clearly? (Scale: 1-5)

22 responses

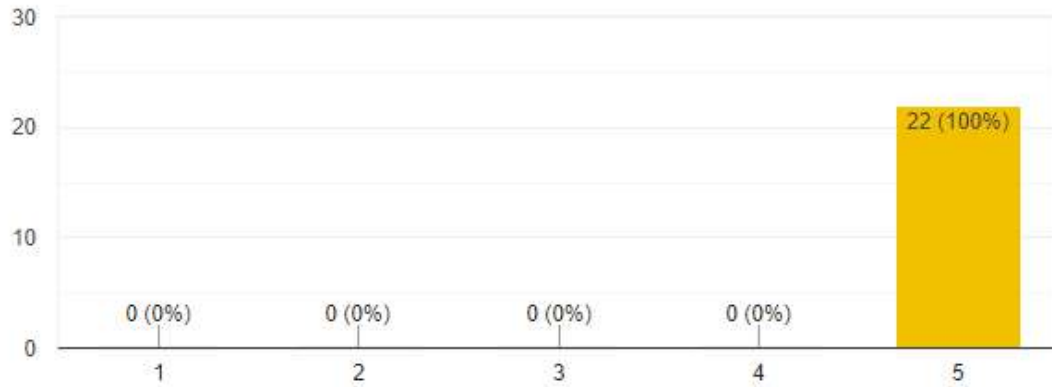


Hospital Cleanliness:

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Were you satisfied with the cleanliness and hygiene of the treatment areas? (Scale: 1-5)

22 responses

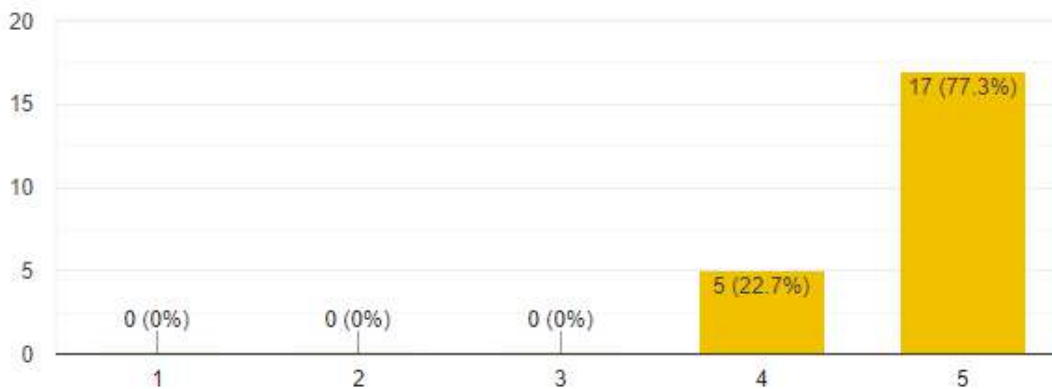


Educational Value:

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Did the visit enhance your understanding of Ayurveda and panchakarma therapies? (Scale: 1-5)

22 responses

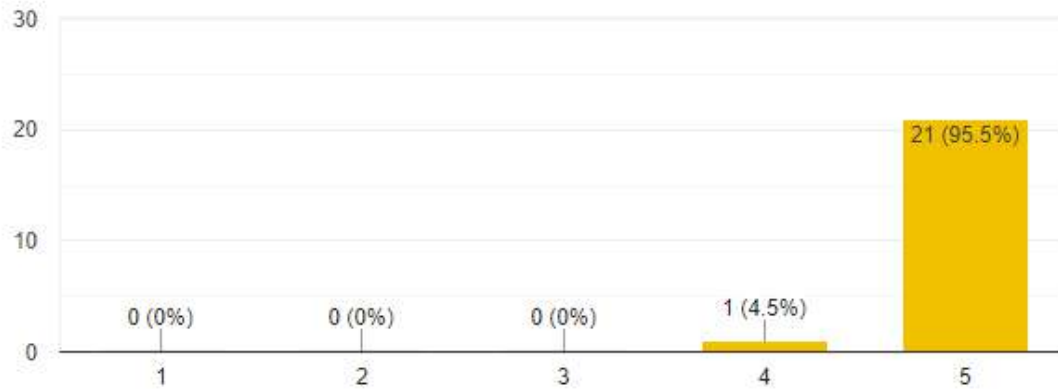


Safety Measures:



Were safety measures (e.g., sanitation, COVID-19 precautions) adequately implemented? (Scale: 1-5)

22 responses



Suggestions for Improvement:

Do you have any suggestions for improving future academic visits to such centers? Please feel free to share your suggestions.

22 responses

No

Yes, i am willingly interested to visit such helpful, informative and most important practical knowledge i gain was wonderfull...

Please continue to give us opportunities like these to explore.

Nothing

All the things are proper.

Not any

No

No suggestions

The charge of bus can be decrease ...as we have manv visits further