



# Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

## PUTRANJIVAKA



**Latin name:** *Putranjivaka roxburghii*

**Family:** Euphorbiaceae

**Regional names:** પુત્રજીવક (Gujarati), जियापोता (Hindi)

**Morphology:** Evergreen tree. Leaves: coriaceous, dark green. Flowers: Dioecious. Fruit: Drupe, ellipsoid, rounded.

**Synonyms:** Garbhakara, Garbhada, Yasthipushpa, Shlipadapaha.

**Rasa Panchaka:**

**Rasa:** Madhura, Katu, Lavana

**Guna:** Guru, Ruksha

**Virya:** Sita

**Vipaka:** Madhura

**Karma:** Vata-pittahara, Vrushya, Garbhapradaka, Mutrala

**Useful parts:** Bija, Patra

**Indications:** Visphota, Mutrakrucha, Vandhyathva, Shlipada, For Pumsavana.

**Dosage:** Bija Churna -3-6 gm, Patra Swarsa -10-20 ml

**Formulations:** Putrajivaka Vruddhadaru Yoga