



Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

PATHA



Latin name: *Cissampelos pereira*

Family: Menispermaceae

Regional names: ઢણ્ણ (Gujarati), ढण (Hindi)

Morphology: Climbing shrub. Leaves peltate, orbicular or reniform. Flowers: Minute, yellowish. Fruit: Drupe.

Synonyms: Patha, Aviddhakarnika, Ambastha, Ekastheela, Kuchelika, Mahoujasi, Veera.

Rasa Panchaka:

Rasa: Katu, Tikta

Guna: Guru, Ushna

Virya: Ushna

Vipaka: Katu

Karma: Tridosahara,

Useful parts: Patra, Moola

Indications: Shoolaroga, Atisara, Kustha, Kandu, Jvara, Chardi, Stanyadushti.

Dosage: Churna: 1-3g

Formulations: Pathadi Churna, Shaddharana, Kutashtaka Kwatha