



Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

PARIJATA



Latin name: *Ncytanthes arbortristis*

Family: Oleaceae

Regional names: હારશણ્ણુર (Gujarati), हार श्रृंगार (Hindi)

Morphology: Shrub/Small tree. Bark : grey or greenish white, Leaves: opposite, densely pubescent beneath. Flowers: White with bright orange corolla and fragrant. Fruit: Capsule.

Synonyms: Kharapatra, Shephalika, Ragapushpi

Rasa Panchaka:

Rasa: Tiktha

Guna: laghu, ruksha

Virya: Ushna

Vipaka: Katu

Karma: Vata-kapha Samaka, krumighna, Pliharogahara

Useful parts: Patra, Pushpa, Bija

Indications: Khalitya, Dadru, Grudhrasi, Udakameha, Plihodara.

Dosage: Swarasa- 10-20 ml, Churna – 1-3 gm

Formulations: Nastapuspantaka rasa, Sankapushpi Taila