



Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

NIMBA



Latin name: *Azadirachta indica*

Family: Meliaceae

Regional names: લીંબડો (Gujarati), नीम (Hindi)

Morphology: Large tree with almost straight trunk. Leaves: alternate, leaflets sub-opposite.

Flowers: Axillary panicles. Fruit: One seeded drupe.

Synonyms: Varatvacha, Shukapriya, Sutikta, Hinguniryasa, Chardana

Rasa Panchaka:

Rasa: Tikta, Kashaya

Guna: Laghu

Virya: Sheeta

Vipaka: Katu

Karma: Kandughna, Krimighna

Useful parts: Pushpa, Patra, Tvak, Bija, Taila

Indications: Jvara, Krimiroga, Kustha, Netraroga, Prameha, Vrana.

Dosage: Stem bark powder: 2-4gms, Kwatha: 10-20ml (API Volume II)

Formulations: Nimbadi Churna, Nimbarishta, Nimbaharidrakhanda