



# Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

## MADANAPHALA



**Latin name:** *Randia dumetorum*

**Family:** Rubiaceae

**Regional names:** મીઠળ (Gujarati), मैनफल (Hindi)

**Morphology:** Large shrub/Small tree with opposite decussate spines. Leaves: Obovate. Flowers: fragrant. Fruit: Ovoid, longitudinally ribbed.

**Synonyms:** Shalyaka, Karahata, Marubaka, Svasana, Pinditaka, Bastishidhana, Galava, Vishapushpaka.

**Rasa panchaka:**

**Rasa:** Kashaya, Madhura, Tikta, Katu

**Guna:** Laghu, Ruksha

**Virya:** Ushna

**Vipaka:** Katu

**Prabhava:** Vamana

**Useful parts:** Phala

**Indications:** Gulma, Kustha, Vidradhi, Pratishayaya, Shleshmaja jvara.

**Dosage:** 0.5-1g for Kashaya, 3-6g for producing Vamana (API Volume I)

**Formulations:** Pippalyadi taila, Madanaphala Churna