



# Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

## KUTAJA-STREE



**Latin name:** *Wrightia tinctora*

**Family:** Apocynaceae

**Regional names:** કડી (Gujarati), कुडा (Hindi)

**Morphology:** Small deciduous tree. Leaves; elliptic lanceolate/oblong-lanceolate. Flowers: White, fragrant in terminal cymes. Fruit: Two follicles, slightly tapering at both ends.

**Synonyms:** Vatsaka, Girimallika, Kalinga, Indravruksha, Varatikta, Sangrahi.

**Rasa panchaka:**

**Rasa:** Tikta, Kashaya

**Guna:** Laghu, Ruksha

**Virya:** Sheeta

**Vipaka:** Katu

**Karma:** Dipana, Sangrahi

**Useful parts:** Tvak, Bija

**Indications:** Atisara, Arshas, Kustha, Mutrashmari, Mutraghata

**Dosage:** 20-30g of tvak churna for Kashaya (API Volume I), 3-6g bija churna (API Volume III)

**Formulations:** Kutajarishta, Kutajaghanavati, Kutaja avaleha.