



Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

KARPURA



Latin name: *Cinnamomum camphora*

Family: Lauraceae

Regional names: કપૂર (Gujarati), कपूर (Hindi)

Morphology: Large evergreen tree. Leaves; alternate, lanceolate-oblong. Flowers; Axillary panicles, Yellow. Fruit: Berry, globose.

Synonyms: Ghanasara, Shitalaraja, Himanama, Himabaluka, Chandrasangya, Shishira.

Rasa panchaka:

Rasa: Tikta, Katu, Madhura

Guna: Laghu, Tikshna

Virya: Sheeta

Vipaka: Katu

Karma: Chakshushya, Medhya

Useful parts: Niriyasa

Indications: Svasa, Trushna, Mutraghata, Netraroga.

Dosage: 125-375mg

Formulations: Karpura churna, Karpurasava, Amrutabindu, Arkakarpura.