



# Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

## ASWATTHA



**Latin name:** *Ficus religiosa*

**Family:** Moraceae

**Regional names:** પીપળી (Gujarati), पीपल (Hindi)

**Morphology:** A large epiphytic tree. Leaves: Oavte-rotund. Fruit: Figs in pairs, axillary, dark purple when ripe.

**Synonyms:** Bodhivruksha, Kshiradruma, Plihari, Guhyapatra

**Rasa Panchaka:**

**Rasa:** Kashaya

**Guna:** Guru, Ruksha

**Virya:** Sheeta

**Vipaka:** Katu

**Karma:** Varnya, Yonishodhana

**Useful parts:** Bark, Leaf, Fruit, Leaf bud.

**Indications:** Agnidagdavrana, Mukhapaka, Kitavisha, Bhagna, Vatarakta, Vranashopha.

**Dosage:** Churna: 1-3gms, Kwatha: 50-100ml

**Formulations:** Aswatha Churna, Panchavalkala Lepa