



Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

ASTHISHRUNKHALA



Latin name: *Cissus quadrangularis* Linn.

Family: Vitaceae

Regional names: હાલસંકલ (Gujarati), हडजोर (Hindi)

Morphology: Fleshy perennial climber, stem leafless when old, quadrangular. Leaves: long, broadly ovate or reniform. Flowers: Short peduncled cymes. Fruit: Berry.

Synonyms: Vajravallari, Vajrangi, Chatusira, Asthisamhari

Rasa Panchaka:

Rasa: Madhura

Guna: Sara, Ruksha, Laghu

Virya: Ushna

Vipaka: Madhura

Karma: Asthisandhana, Krimighna, Vrushya

Useful parts: Stem

Indications: Asthibhagna, Vatarakta

Dosage: Swarasa:10-20ml

Formulations: Asthisamharadi Churna, Lakshadi guggulu