



Shree Swaminarayan Ayurvedic College, Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

AGNIMANTHA



Latin name: *Clerodendrum phlomidis*

Family: Verbenaceae

Regional names: ગોળી (Gujarati), अहँई (Hindi)

Morphology: Large shrub/Small Tree. Leaves: broadly elliptic-obtuse, Flower: Axillary cymes. Fruit: Drupe.

Synonyms: Nadeyi, Vaijayantika, Ganikarika, Ketu, Tarkari, Aranika.

Rasa Panchaka:

Rasa: Katu, Tikta, Kashaya

Guna: Laghu, Ruksha

Virya: Ushna

Vipaka: Katu

Karma: Shothahara, Sheetaprashamana, Anuvasanopaga.

Useful parts: Leaves and root bark.

Indications: Shotha, Agnimandya, Vatavikara, Pandu, Arshas

Formulations: Dashamularishta, Narayana taila, Dhanvantara ghruta, Gorochanadi vati.

Dosage: Kwatha: 50-100ml, Churna: 1-3g