



**SWAMINARAYAN
UNIVERSITY**
THE RESERVOIR OF ALL KNOWLEDGE

Faculty of Ayurveda

A Report of Event : PCOD AWARENESS SESSION SEPT 2022

Organized By	: Department of prasuti and stree roga
Venue of Event	: prarthana Hall, Swaminarayana Ayurvedic College
Date of Event	: 3 - 10-2022
Chief Guest	: Dr Ashwin Sanghvi, Dean, Swaminarayan Institute of Medical sciences and Research.
	Dr Vijay Pandya, Associate Dean, Swaminarayan Institute of Medical sciences and Research
	Dr(PROF) MS Rao, VICE CHANCELLOR, Swaminarayan University

Details of event: PCOD AWARENESS TALK SEPT 2022

NIRAMAYA Mediacal Awareness club of Swaminarayan University along with the Department of Prasuti Tantra & Streeroga organised an awareness program for the girls of Swaminarayan University regarding PCOD followed by launch of sanitary pad bank in relation to PCOS Awareness month 2022.

Students from various institutions under Swaminarayan University attended the program and took benefit from the awareness class. Dr.Ashwin Sanghavi, Dean of Swaminarayan Institute of Medical sciences who was the special invitee addressed the gathering with his thought provoking words. The Dean of Shree Swaminarayan Ayurvedic College, Dr.Rohit Gokarn also spoke about the importance of the awareness program for the students.

The launching of sanitary pad bank was done by Dr. Priyadarshini Nambiar who also conveyed the purpose of the program and its implication to the students.

The program included a skit by the students of third year BAMS which potrayed PCOD and the stigmas and taboos related with it. The play also depicted few Yogasanas and precautions to prevent the condition. There was an Awareness talk about PCOD by Dr. SVL Sindhura, Associate Professor in Department of Prasuti Tantra & Streeroga of Shree Swaminarayan Ayurvedic College. The talk was to the point as well as very informative regarding the causes, signs and symptoms, diagnosis and treatment aspects of PCOD. The audience were very attentive and responded to the program in a positive manner.

