

SWAMINARAYAN UNIVERSITY

THE RESERVIOR OF ALL KNOWLEDGE

Faculty of Ayurveda

A Report on Visit to Government Ayurveda Hospital, Kadi

Organized By : Department of Swasthavritta & Yoga

Place of Visit : Government Ayurveda Hospital and Panchakarma Centre, Kadi

Date of Visit : 12th July 2022

As a part of academic curriculum of 3rd BAMS students, a field visit to Government Ayurveda Hospital and Panchakarma Centre, Kadi was organized by Department of Swasthavritta & Yoga, Faculty of Ayurveda, Swaminarayan University on 12th July 2022. Government Ayurveda Hospital and Panchakarma Centre, Kadi is well known Panchakarma hospital treating variety of patients with Ayurveda medicines and panchakarmas. The hospital was established in the year 2019 and Dr. Varshaben Patel, Resident Medical Officer is an eminent physician, proactive and enthusiast for explaining the panchakarma procedures to students.

Hospital Visit:

Total 55 students of 3rd BAMS batch accompanied with Dr. Ayana R, Assistant Professor, Dept. of Swasthavritta & Yoga reached the Kadi hospital at 11 am by college bus. Dr. Varsha lead students to different sections of hospital, explaining the services available in the hospital. Students visited the Panchakarma treatment rooms and were allowed to observe on going treatments like *Takradhara, Janu vasti* etc. Dr. Varsha Patel lead students to the IPD section of hospital and Students got the opportunity to interact different patients about their presenting ailments and effect of therapies they undergoing. Students were interested to find the miraculous effects of various panchakarma procedures.



An Interactive session on Ayurveda:

During an interactive session with students, Dr. Varsha Patel, showed videos of Vamana karma and other panchakarma procedures carried out at their hospital and explained the details of all procedures for better understanding of students. Madam answered all the queries of students and elaborated various services of the hospital with the help of a nice power point presentation.

Herbal Garden visit:

A beautiful herbal garden has been designed under the guidance of Dr.Varshaben Patel. Students got the opportunity to identify different species of herbal plants. Dr.Varsha spent ample amount of time with students explaining the medicinal benefits of each species.

Summary:

The field visit to Kadi Government Ayurveda Hospital and Panchakarma centre was an informative one. The students received information on functioning and services of a government hospital. They were able to witness panchakarma procedures. Dr. Varshaben Patel had been very cooperative and made the visit worthwhile.



Academic Visit to Government Ayurveda Hospital and Panchakarma Centre, Kadi