



# Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

## ARALU



**Latin name:** *Ailanthus excelsa*

**Family:** Simarubaceae

**Regional names:** અરડુસો (Gujarati), घोड़ा-करंज (Hindi)

**Morphology:** Large tree upto 25m high. Leaves pari or imparipinnate, alternate. Flowers polygamous, 8 mm across, yellowish, in subterminal panicles, emits foetid smell. Fruit a samara, 5 x 1.3 cm, prominently veined, oblong, copper red, twisted at base.

**Synonyms:** Aralu

**Rasa Panchaka:**

**Rasa:** Tikta

**Guna:** Sheeta

**Virya:** Sheeta

**Vipaka:** Katu

**Karma:** Grahi, Deepana, Krimighna,

**Useful parts:** Tvak, Patra

**Indications:** Atisara, Karnashoola,

**Dosage:** 50-100ml kashaya

**Formulations:** Aralu tvak kwatha