



# Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

## KAIDARYA



**Latin name:** *Murraya koenigii* (L) Spreng.

**Family:** Rutaceae

**Regional names:** મીઠોલિમડો (Gujarati), मीठा नीम (Hindi)

**Morphology:** Small tree. Leaves: Compound, imparipinnate, oblique ovate in shape. Inflorescence: Corymbose cyme with white flowers. Fruit: Ovoid, sub-globose.

**Synonyms:** Girinimba, Kumudika, Kalashaka.

**Rasa Panchaka:**

**Rasa:** Katu, tiktha, Kashaya

**Guna:** Laghu, ruksha

**Virya:** Sita

**Vipaka:** Katu

**Karma:** Kapha -Pitta Samana, Dipana, Pacana, Keshya, Krimighna

**Useful parts:** Patra, Moola, Phala, Kanda and Pushpa

**Indications:** Agnimandya, Ajirna, Tvak roga, Netra roga, Krimi roga.

**Dosage:** Kashaya-50 ml, Churna -1-3 gm

**Formulations:** Kaidaryadi kashaya, Arshoghna Vati