



Shree Swaminarayan Ayurvedic College,

Opp. SAIJ GIDC, Swaminarayan Vishwamangal Gurukul, Kalol

ASWATHA



Latin name: *Ficus religiosa*

Family: Moraceae

Regional names: પીપળી (Gujarati), पीपल (Hindi)

Morphology: A large epiphytic tree. Leaves: Oavte-rotund. Fruit: Figs in pairs, axillary, dark purple when ripe.

Synonyms: Bodhivruksha, Kshiradruma, Plihari, Guhyapatra

Rasa Panchaka:

Rasa: Kashaya

Guna: Guru, Ruksha

Virya: Sheeta

Vipaka: Katu

Karma: Varnya, Yonishodhana

Useful parts: Bark, Leaf, Fruit, Leaf bud.

Indications: Agnidagdavrana, Mukhapaka, Kitavisha, Bhagna, Vatarakta, Vranashopha.

Dosage: Churna: 1-3gms, Kwatha: 50-100ml

Formulations: Aswatha Churna, Kwatha