



SHREE SWAMINARAYAN AYURVEDIC COLLEGE, KALOL

REPORT ON TRANSITIONAL CURRICULUM FIRST PROFESSIONAL BAMS 2024-25



SWAMINARAYAN UNIVERSITY

THE RESERVOIR OF ALL KNOWLEDGE

SHISHYOPANAYANA 2024-2025



Shishyopanayana is a ritual practiced before the beginning of any formal course of study for students. This was a practice among numerous other rituals of our rich culture where every major event in a human life is given importance. In Indian System of Education, the students are inducted for learning various branches of knowledge in the Gurukul under the supervision of their Gurus. For this, the Upananyana ceremony was organized and the Shishyas or disciples were admitted to the Gurukul till the completion of their education.



The official inauguration ceremony got started with Dhanvantari prayer by our B.A.M.S first year students. The ceremony began in the auspicious presence of His Holiness Shree Shastri Swami Premswarupdasji, Honorable Managing Trustee of Shree Swaminarayan Vishvamangal Gurukul along with Shree Swami Bhaktinandan Dasji, Vd. Jayeshkumar Parmar, Hon'ble Director AYUSH, Govt. of Gujarat, Dr. Nitin Shah, Renowned Proctologist, Hon'ble Vice Chancellor (Prof) Dr. M S Rao and Registrar Dr. Ajit Gangavane, lighting the lamp and blessed the occasion with their graceful presence. The inaugural address was delivered by Prof. Dr. Rohit Gokarn (Principal, S.S.A.C). The chief guest for the function, Hon'ble Vd. Jayeshkumar Parmar addressed the students explaining the diverse scope of learning Ayurveda. His Holiness Shree Shastri Swami Premswarupdasji showered his blessings with some inspiring and motivating tales and spoke on how the morality, spirituality and the importance of our culture with its utilities helping us to lead a diseases free life. Prof. M S Rao and Dr. Ajit Gangavane also gave motivating speeches and urged the students to extract maximum knowledge during their academics.





Diksha ritual was followed where Gurus tied a sacred induction thread on the wrist of newly joined students to auspiciously accept them as their Shishyas.



The official Induction ceremony organized for our newly admitted under graduate students began with a Dhanwantari Havan early in the morning which invoked blessings of Lord Dhanvantari and Shree Swaminarayan Bhagwan.

New students accompanied by their family members participated enthusiastically in this function.



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History, Philosophy and Concepts of ASU

Dr. Hemal Bhatt

Ayurveda being an ancient science with its roots traced back to centuries have a rich heritage and time-tested philosophies. Hence a session was dedicated for introducing our new aspirants of Ayurveda to the History, Philosophy and concepts of Ayurveda.



Safety Apps installation: 122 India; Mysafetipin; Citizen COP; Himmat; Shake2safety; Raksha; Smart 24x7

Dr. Visakh Sakthidharan

Technical knowledge is very important in medical profession. So, a session was conducted on 'Safety Apps installation: 122 India; Mysafetipin; Citizen COP; Himmat; Shake2safety; Raksha; Smart 24x7'.



Time Management

Dr. Anita Ratnawat

For any student to have success in their academics, managing time efficiently is of utmost importance. Hence a session was arranged to highlight 'The importance of time management'.



Role of ASU in Public Health and Primary Health Centre

Dr. Hemal Bhatt

A session was conducted on the topic 'Role of ASU in Public Health and Primary Health Centre' to make aware students regarding current status of ASU in Primary Health Care in India.



*Anti ragging, Gender Sensitization**Dr. Hemal Bhatt*

An awareness session on the topic “Anti Ragging & Gender Sensitization” was conducted to highlight the rights and responsibilities of students.

*Biodiversity and Ayurveda**Dr. Anita Ratnawat*

An awareness session was organized on the topic “Biodiversity and Ayurveda”. New students were benefitted about the various aspects of Ayurveda in relation to the Biodiversity.

*Computer basics (MS Office)**Dr. Visakh Sakthidharan*

A session was conducted on Computer skills & Computer basics (MS Office) for our new aspirants of Ayurveda.

*Overview of BAMS Curriculum and subjects including highlights of MSE 2021**Dr. Visakh Sakthidharan,
Dr. Hemal Bhatt*

A session was conducted on the topic ‘Overview of BAMS Curriculum and subjects including highlights of MSE 2021’ to make aware the students regarding the syllabus and subjects of their BAMS course.



Introduction to Ashtanga Ayurveda

Dr. Sruthi Mohan

A session conducted on 'Introduction to Ashtanga Ayurveda' for our new aspirants of Ayurveda. Specialty specific information was given in this particular session.



Health awareness, Fitness, and Hygiene

Dr. Hiral Jadav

As a Doctor it's important to maintain health and promote hygiene. A session was conducted on 'Health Awareness, fitness & Hygiene'.



Importance of Keraliya Panchakarma

Dr. Gayathri Prakash

Session on the topic 'Importance of Keraliya Panchakarma' was conducted to make aware the students regarding this important aspect of Ayurveda therapy.



Sports and Activities

*Dr. Sruthi Mohan,
Dr. Hiral Jadav*

Students were engaged in various Games and Sports where separate groups were made and tasks were given to entertain them.



*Basic principles of Ayurveda and Prakriti Pareeksha**Dr. Jil Patel*

A session was conducted on 'Basic principles of Ayurveda and Prakriti Pareeksha' which is an integral part for determination of body constitution.

*Personal Health & Hygiene (Din-charya)**Dr. Sruthi Mohan*

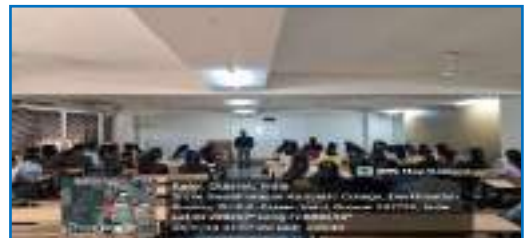
Ayurveda has always given priority on prevention of diseases and preservation of health through the practices of Din-charya and Sadvritta. Hence a session was organized to accentuate the importance of 'Personal Health and Hygiene' for promotion of health.

*Motivational Speech - Alumni**Dr. Dharmik Kachchi*

Alumni of Shree Swaminarayan Ayurvedic College, Dr. Dharmik Kachchi who is now a renowned physician of Ayurveda and eminent speaker delivered Motivational Speech for our new scholars.

*Understanding different methods of self learning and collaborative learning**Dr. Sunny Patil*

An interactive session was conducted on 'Understanding the Methods of Self Learning and Collaborative Learning' to emphasize the importance of both self-study as well as group study among the students.

*Know your institute and department visit (1st Year)**Dr. Sunny Patil, Dr. Sruthi Mohan,
Dr. Hiral Jadav, Dr. Jil Patel*

Introduced our students to the various departments of 1st and 2nd BAMS to make them familiar with all departments as well as Institution.



Biomedical Waste Management

Waste generated from hospitals is highly infectious and its improper disposal may cause health issues to individual as well as community. Hence its sanitary disposal according to the norms of biomedical waste management is mandatory. As a medical student it is essential to have knowledge about 'Biomedical Waste Management' for which this session was conducted.

Dr. Amol Koshti



Globalization of Ayurveda & Challenges in Practice

A session was conducted on the topic 'Globalization of Ayurveda' to spread awareness regarding acceptance of Ayurveda across the globe.

Dr. Anita Patel



Basics of Prakriti Pareeksha

A session was conducted on 'Basics of *Prakriti Pareeksha*' which is an integral part in determination of body constitution as well as diagnosis of diseases.

Dr. Zalak Patel



Language: Vadatu Samskritam

As Ayurvedic classical texts are written in Sanskrit language and to acquire the true essence of knowledge about Ayurveda, it is important and necessary to have an in-depth knowledge of Sanskrit. A session on 'Vadatu Samskritam' was conducted to acquaint students with Sanskrit language who are new to this ancient language.

Dr. Jitendra Jani



Rules & Regulations of Institution

Being a well-organized institution which takes a lot of pride in overall development of students in a disciplined manner, a session was dedicated for acquainting new students to the 'Rules and Regulations of the Institution'.

Dr. Rohit Gokarn*Uniqueness of Ayurveda compared to other systems of Medicine*

To emphasize the importance of Ayurveda Medicine, a session on 'Uniqueness of Ayurveda compared to other systems of medicine' was conducted.

Dr. Sunny Patil*Videos related to AYUSH*

To introduce the new aspirants of Ayurveda towards the Ministry of AYUSH which encompasses various traditional systems of medicine clubbed under a single umbrella, a video session was organized to 'Display videos related to AYUSH and its functioning in various fields'.

Dr. Sruthi Mohan*Evidence Based Medicine*

An awareness session was organized on the topic 'Evidence Based Medicine' to enrich the knowledge of newly admitted students.

Dr. Hiral Jadav*Recreational Activities and Talent Show*

A session on 'Recreational Activities & Talent Shows' was conducted among the students. Students displayed various activities in this session.

Dr. Gayathri Prakash

Role and impact of physician in the society

Physicians have to play a pivotal role to increase the life expectancy and improved well-being in our society. They deliver their expertise in performing many humanitarian works ranging from handling medical emergencies to be a volunteer in natural calamities. So, this session was conducted to highlight the importance of a physician in the society.

Dr. Darshana Ramole



Communication skills

Communication is very important in medical profession. So, a session was conducted on 'Communication skills' to emphasize the importance of communication in our professional life.

Dr. Supriya Kallianpur



Motivational Lecture

An eminent speaker, a visionary and a well-known physician from the Ayurveda fraternity gave a motivational speech to our new aspirants of Ayurveda to uplift Ayurveda on a bigger platform and bring laurels in our field. The session was followed with an interaction between speaker and the students which was well appreciated by the students.

Dr. Shekar Sarma



Career opportunities

Having a fulfilling career is an important part of our well-being. By this session, new students were given the guidance regarding the different opportunities in Ayurveda and students were also guided regarding how to achieve it.

Dr. M S Rao



Mr. Jitendra Jani

Took a continuation session on 'Vadatu Sanskritam'.

Professional Medical Ethics

Dr. Shanti R Nair

Ayurveda medical system being a noble profession brings a lot of responsibility and being a part of this fraternity, a physician is considered as a reputed personality in the community.

Hence an interactive class was organized on 'Professional Medical Ethics' to educate students about moral values of an Ayurveda physician.



Setting up New Ayurveda Clinic

Dr. Parvin Kharadi

A session was conducted on the topic 'Setting up New Ayurveda Clinic' to make aware the students about this important aspect of Ayurveda practice.



Soft Skills and Personality Development

Dr. Suresh Prajapati

A session was conducted on 'Soft Skills and Personality Development' for our new aspirants of Ayurveda. Students were benefited much from this session.



Communicative English

Dr. Merin Jose

A session was conducted on 'Communicative English' to emphasize the importance of English language in our professional life.



*Language Vadatu Sanskritam**Dr. Jitendra Jani*

A continuation session on 'Vadatu Sanskritam' was organized for the students. Knowledge regarding Sanskrit language was the central theme of this session.

*Hospital Visit**Dr Arathy, Dr Sariga*

Introduced our new students to the various departments of the hospital attached to the Institute to make them familiar with the administrative and clinical work culture of the hospital.

*Importance of Diet in Ayurveda**Dr. Vishnu A*

Ayurveda identifies diet as a major factor which plays a key role in both promotion of health and as a factor responsible for pathophysiology of various diseases. So, a session was dedicated to highlight 'The importance of diet in Ayurveda'.

*Overview of BAMS Curriculum and subjects including highlights of MSE 2021, lectures by HoD**HOD's of First Year BAMS*

A session was conducted to overview the BAMS Curriculum and subjects including highlights of MSE 2021.

The session was conducted by HOD's of First Year BAMS.



*Motivational Lecture**Dr. Vimal*

An eminent speaker and a renowned personality of Ayurveda who is enriched with his clinical skills delivered a motivational lecture for the new students.

*Ayurveda- You and Future**Dr. Dhaval Dholakiya*

An eminent speaker, a visionary and a well-known physician from the Ayurveda fraternity gave a motivational speech to our new aspirants of Ayurveda to uplift Ayurveda on a bigger platform and bring laurels in our field. The session was followed with an interaction between speaker and the students which was well appreciated by the students.

*National Health Status, Goals and Policies**Dr Laksmi Kiranmai*

A session was conducted on topic 'National Health Status, Goals and Policies' to emphasize the importance of various policies of National Health Mission.

*Language Vadatu Sanskritam**Dr. Jitendra Jani*

A continuation session on 'Vadatu Sanskritam' was organized for the students. Knowledge regarding Sanskrit language was the central theme of this session.



*Yoga Practice and Relaxation Techniques**Dr. Ayana R*

A session on Yoga & meditation was conducted. Owing to the current life style, stress has become an integral part of our life. Hence to cope up the impact of stress on body and mind, students were introduced to Yoga practice and relaxation techniques.

*Goal Setting**Dr Amruta Bhamburkar*

A session was organized on the topic 'Goal Setting' to promote the students how to set a goal for their future career and how to achieve it.

*Vrikshaayurveda and Mrigayurveda**Dr Sunny Patil*

Various other old sciences co-existed in our country along with Ayurveda which were concerning even about the life science of plants and animals. Very few of us know about their existence and merits. So, a session was organized on the topic 'Vrikshayurveda and Mrigayurveda' to give a glimpse of these Life sciences and their importance in present era.

*Motivational Lecture**Vd. Bhavdeep Ganatra*

An eminent speaker, a visionary and a well-known physician from the Ayurveda fraternity gave a motivational speech to our new aspirants of Ayurveda to uplift Ayurveda on a bigger platform and bring laurels in our field. The session was followed with an interaction between speaker and the students which was well appreciated by the students.

*Games & Team building Activities**Dr. Arathy, Dr. Sneha, Dr. Sariga*

Students were engaged in various Games and Sports where separate groups were made and tasks were given to entertain them.



Yoga Practice and relaxation Techniques

A session on Yoga practice and relaxation techniques was continued. Knowledge regarding Sanskrit language was the central theme of this session.

Dr. Ayana R



Stress management and capacity building to address medical challenges

The current lifestyle has changed over the period of time in such a way that stress has become an inevitable part of our daily routine. Hence a session was dedicated to the topic 'Stress management and capacity building' so that students are empowered to manage the stress which they may encounter in their professional life.

Dr Sangita



Evidence based medicine in Ayurveda

An awareness session was organized on the topic 'Evidence based medicines in Ayurveda' to enrich the knowledge of students.

Dr Nimesh



Demonstration of Procedures: Office related, library related, internet related, leave related, campus behaviour, availing health care facilities etc.

Demonstration session was organized regarding various academic, administrative and office-related procedures like Office related, library related, internet related, leave related, campus behaviour, availing health care facilities etc.

Dr Arathy



Role of Ayush in Diabetes Management

A session was conducted on 'Role of Ayush in Diabetes Management' in order to make aware the students regarding Importance of Ayurveda in Diabetes management

Dr Ravindra Gunale



Mr. Jitendra Jani

Took a continuation session on 'Vadatu Sanskritam'.

Know Regulatory bodies & Statutory bodies and major AYUSH institutions

Dr Kinjal

A session was conducted on 'Know Your Regulatory Bodies and Major AYUSH Institutions' to give students an awareness about AYUSH systems.



Motivational Lecture

Dr. Hitendra Gohil

An eminent speaker, a visionary and a well-known physician from the Ayurveda fraternity gave a motivational speech to our new aspirants of Ayurveda to uplift Ayurveda on a bigger platform and bring laurels in our field.



Motivational Lecture

Dr Ami Rajani

Motivational lecture was delivered by an eminent speaker of Ayurveda who is enriched with academic skills in teaching Ayurveda physiology.



Concept of Surgery in Ayurveda

Dr. Sneha P Suresh

Acharya Sushruta is said to be the father of surgery. So, a session was conducted to make students know the importance of surgery and the methods of surgery that are used in Ayurveda.

Mr. Jitendra Jani

Took a continuation session on 'Vadatu Sanskritam'.



Language Vadatu Sanskritam

Dr. Jitendra Jani

A continuation session on 'Vadatu Sanskritam' was organized for the students. Knowledge regarding Sanskrit language was the central theme of this session.



Introduction to ABC ID

Dr Amol Koshti

A session regarding 'Introduction to ABC ID' was conducted. Also, students were encouraged to generate their own ABC IDs.



Understanding interpersonal relationship in a health care team

Dr Asha Rani

A session was conducted on 'Understanding interpersonal relationship in a health care team' to make understand the importance of interpersonal co-operation in health care system.



Skills – Basic Life Support (BLS) and First Aid

Dr Aayushi (SIMSR)

An introductory class with demonstration was conducted on 'Skills in Basic Life Support (BLS) and First Aid'. Faculty from Swaminarayan Institute of Medical Sciences & Research conducted this session.



Language Vadatu Sanskritam

Dr. Jitendra Jani

A continuation session on 'Vadatu Sanskritam' was organized for the students. Knowledge regarding Sanskrit language was the central theme of this session.



Health Awareness, Fitness, and Hygiene

Dr Sai Pramod

As a Doctor it is important to maintain health and promote hygiene. A session was conducted on 'Health Awareness, Fitness & Hygiene'. Students were benefited from this informative session.



Researches In Ayurveda

Dr Anil Avhad

An eminent speaker and a renowned personality of Ayurveda who is enriched with clinical as well as research skills in Ayurveda delivered a lecture on 'Researches In Ayurveda'.



Clinical Exposure

Dr. Vishal Solanki

A session was conducted on 'Clinical Exposure'. Students were given a formal introduction about the Ayurvedic treatment modalities and its importance in current scenario.

